

Volleytech Volleyball Club Athlete Agreement

The purpose of this agreement is to have every player understand and commit to the expectations of their team, their Coaches, and the Volleytech Volleyball Club.

1. I commit to being a team player and I understand that the needs of the team may at times be more important than my needs. I understand that my playing time at qualification tournaments and provincials may be limited and will be decided by the coaches.
2. I will try to be a positive and enthusiastic influence on my team. I will support my teammates and my coaches at every practice and competition. I will support my teammates when I am on the court and on the bench.
3. I will try to reach my full potential as a player and as a person throughout the season. I will give my best effort at every chance and with every ball contact. I will work hard in practice and in competition even when difficult challenges arise. I will play my best until the final whistle in competition, and until the last contact in practice.
4. I am a representative of my team, my club, and my city and will be a positive role model. I will conduct myself in a way that will present a positive image of my team and myself on and off the court. I will follow all the rules set out by coaches, managers, and the club. Failure to follow these rules may result in consequences that could include exclusion from participating. Serious issues such as drinking, smoking, drugs, breaking curfews, or leaving the team location without permission during Volleytech events will be dealt with immediately. This includes travel to and from Volleytech activities and practices.
5. I will be coachable. I will take constructive criticism as an opportunity for improving myself.
6. I will not allow distractions at practice and competitions to affect my performance. I will try my best to stay focused on whatever my coach asks of me and what I ask of myself. I will try to be self-motivated.
7. I will approach difficult situations with coaches and/or teammates with open and honest communication. If something or someone is affecting the way I am playing or practicing, or my enjoyment of participating, I will try to deal with it in a positive way. This should involve respectful communication with whoever is involved. I will ask for assistance from my coach or another person if I need help, and I will check out my perceptions. I will always display good sportsmanship, and will respect my opponents, and the officials.
8. I will not blame others when I am not playing up to my potential. I will take responsibility for my own mistakes and for my part in the team's performance.
9. I commit to attending all team practices and competitions. However, if I am unable to attend for a good reason, I will contact my coach or manager. If I am injured, I will still attend and support my teammates. I understand that there will be consequences for poor attendance.

I have read and understood the Athlete Agreement and commit to following this agreement.

Name of Athlete: _____ Signature: _____